



UR PRIDE
Centre for Sexuality
and Gender Diversity



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About the new Design

Our new newsletter design will hopefully improve readability as well as introduce a new interactive aspect to our monthly publication. Text that is highlighted in blue and most graphics will link to other websites or email addresses. Go ahead, Click them!

Our Mission

The UR Pride Centre for Sexuality and Gender Diversity is a non-profit organization that offers a wide range of essential services and support for students, staff, and faculty at the University of Regina and the community-at-large - regardless of sexual or gender identity!

We reach out to both the University of Regina and the entire Southern Saskatchewan region from our location at the U of R Campus (Room 225, Riddell Centre).

Get in Touch!

Email contactus@urpride.ca
 Phone 306 586 8811 ext 207
 Web www.urpride.ca
 Mail UR Pride Centre
 3737 Wascana Parkway
 Regina, SK S4S 0A2

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Updates from UR Pride

Programming

Now that it's September, it's time for everyone to get back into the swing of things! We have a whole new set of events and programming to roll out this fall and a board and volunteers excited to do it!

Positive Space

Positive Space will be rolling out its programming this month with some certification workshops! This means if you are interested in being a part of the Positive Space Network, contact Lisa at executive.director@urpride.ca and we will sign you up for one! Come October we will be holding a special launch event that will reveal some special features of the program including online certification!

Volunteer Training

Training your volunteers is important to any organization and over the summer Anna and Katie have hashed out an amazing program that will help facilitate UR Pride's volunteers! With this new program volunteers will participate in an afternoon of workshops that will help them understand their role at UR Pride!

New Events

At the board retreat, the UR Pride board planned a year of awesome Events! We will be holding a variety of events like our open mic nights, potlucks, film screenings and tea parties. If you feel like holding an event through UR Pride you are more than welcome to! Please come and talk to Lisa for more information!

Workshops and Lectures

Last year we reached out to over a thousand people ranging from public health providers, teachers, high school students, university

classrooms, diversity groups in corporations and many others through our Workshops and Lectures! We are planning on reaching more people this year with a new Workshop committee. If you would like to help present workshops or are interested in hosting a lecture or workshop for your group please email contactus@urpride.ca

Queer Youth Group

We have seen a modest amount of youth from all over the city come out and enjoy movies, conversations and fun events. Remember, our youth group is for youth ages 14-24 so if you fit in that age category please come out and participate! If you don't but would like to help facilitate or contribute as a guest speaker please contact Katie at project.coordinator@urpride.ca.

CUQSC 2012

Our conference is slowly but surely shaping up and there are still lots to do! If you are interested in getting involved with a national queer conference please email caitlyn.mcmillan@cuqsc.org for more information.

New Office Hours

Just a reminder that we have now switched back to our regular office hours for the Fall and Winter term.

We're open:
Mon - Thu 10am to 4pm
Friday 10am - 1pm
Sat Sun - closed.

Our lounge is accessible during these hours or by request. Want to book it for a meeting? [Let us know.](#)

Schedule

Weekly Meetings

Every week UR Pride hosts regular events and meetings in our lounge. We also host several community groups who are also open to visitors and potential new members. [Contact us](#) if you have any questions.

Wednesdays UR Pride Youth Group at 7:00pm (Ages 14 - 24)

September Events

Wed 14 Back to School Potluck @ 11:30am
in UR Pride Lounge (RC 225)

Sun 25 Scotiabank AIDS Walk for Life 2011 @ 12:30pm
Red Ribbon Place, 2735 5th Avenue

Thu 29 Volunteer Orientation @ 2:30pm
in ED 228

Annual General Meeting @ 4:00pm
in URSU Board Room (RC 221)

Volunteer Orientation @ 7:00pm
in ED 228

See full event details on our website at www.urpride.ca

Volunteer!

Can I volunteer?

For Sure! You do not have to be part of the university community to get involved with UR Pride. We also want to stress that you don't have to be queer/LGBTQ to be involved. Many of our board and volunteer members are proud allies!

Volunteer Training & Orientation

Starting this fall, we will be having training and orientation for interested volunteers. Training will be for specific areas of volunteering to ensure everyone is comfortable in their position.

Volunteer orientation is set for Sept. 29 at 2:30pm and 7:00pm in Education room 228.

Find our full list of volunteer opportunities by [clicking here!](#)

We've restructured our board and have introduced a committees structure that will help us break volunteers up into working groups. We hope this makes volunteering more engaging and easier to understand.

See something you like? Email us at contactus@urpride.ca to sign up.

Shout Outs!

OneSong Transgender Support Services

We invite you to take a moment to answer a few questions about your awareness and understanding of gender diversity. There will be no personal information collected that could be used to identify you and the information you provide will be used to inform the development of supportive services for transgender persons and the people who support them. Thank you for your participation and we look forward to your responses. The survey will be available until November 10, 2011.

Feel free to share this survey opportunity with your friends, family, and co-workers.

<http://www.surveymonkey.com/s/YZTPDZP>

If you have any questions, please do not hesitate to contact me at this address.

Thanks and take care,

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Zakaery Gudmundson, BScN, RN
Director, OneSong Transgender Support Services
PO Box 31032
Regina, SK S4R 8R6
Email: director.onesong@gmail.com

Find us also on Facebook.

Shout Outs!

If someone asked you what PFLAG Canada is, would you have an answer?

PFLAG Canada is a charitable organization, which provides support, information and resources to anyone with questions or concerns about sexual orientation or gender identity issues. There are close to 80 chapters across the country, run by volunteers, doing their best to be present to people who are struggling with sexual and gender identity issues.

Mary Anne Bachelu
586-1168

Francine Proulx-Kenzle
584-0844

Hello,

I am writing to you in an effort to get more info from older LGBTs living all across Canada. Your responses are very important and will be read by caregivers and other members of the community. Please follow the link to an on-line survey.

<http://www.surveymonkey.com/s/YGR5TTZ>

Let me know if you have any questions or concerns.

Shoshana, drssyldy@yahoo.ca

AIDS Programs South Saskatchewan
& All Nations Hope AIDS Network

Scotiabank AIDS Walk for Life 2011

On Sunday, September 25 2011, we invite you to participate in the annual AIDS Walk for Life. There is no minimum pledge, come dressed in red!

Registration: 12:30pm

Opening Remarks with walk to immediately follow: 1:00pm
Walk leaves from 2735 5th Avenue Regina, SK (Red Ribbon Place)

BBQ, Entertainment, and Awards to follow

Each registered Walker will receive a free Scotiabank AIDS Walk for Life t-shirt, APSS bag and hand sanitizer, and a \$100 gift certificate from Gold's Gym.

Prizes will be awarded to the team and individual who raise the most money (the individual may not also be on the winning team) as well as participants who raise over \$300, over \$400, over \$500 and all children under twelve years of age who register and fundraise!

For more information, or to register to walk, please contact Daphne Kay or Laurie Sampson at AIDS Programs South Saskatchewan, (306)-924-8420 or by email at aidsprograms@sasktel.net. You may also register online at www.aidswalkforlife.ca!